



Brookhurst Primary School
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A place to think and grow

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17th June

Dear Parents/Carers

Skipping 4 Life days to be held on Thursday 26th and Friday 27th June

I am delighted to inform you that we have invited "Skippy John" from "Skipping 4 Life" to work with all year groups to teach various skipping skills and then present a "show" to the whole school starting at **2:50pm on Friday 27th June**. Please come along and watch!

"Skippy John" has over 7 years of experience teaching & demonstrating skipping skills in primary schools across the UK.

Skipping 4 Life's aim is to encourage children and adults to skip for health, fun and fitness, whilst promoting modern and traditional skipping games, including **Individual Skills, Partner Skipping, Double Dutch & Long Rope Team Games**.

If children would like to purchase the high quality British made '**speed ropes**' used, they will be available at the end of **BOTH** school days or you may pre order using the form below. These ropes used by international skipping teams are, strong, light and easy to turn to allow children and adults to progress rapidly.

Here's to a great couple of days!

Yours sincerely,

Anna Archer
PE Subject Leader



Skipping Ropes

Skipping Ropes will be available to purchase after school from the coach on Thursday and Friday

Or please complete the slip below and return to school to order your ropes

Child's Name Class.....

Would like to purchase children's ropes (KS1 & KS2) @ £4.00 each

**** NEW**** SOLAR ROPE £5.00 each

Adult ropes @ £5.00 each..... Family ropes @£7.00 each

Double Dutch ropes @ £12 per pair..... Street Ropes @ £12 each.....

I enclose payment of £..... (cash preferred or cheques made payable to "skipping 4 Life" with your child's name and class on the reverse please)

**** NEW ** CHILDREN'S SOLAR Ropes £5.00 each. Indoors the cord is colourless, but once you skip outside it changes to cool deep purple; an excellent gymnastic rope guaranteed to get the children playing out! .**

