



Would YOU know what to do in a life-threatening situation?

Brookhurst School has been invited to join an initiative to provide free training in emergency life-support skills to members of the public.

Warwickshire Hearts is a collaborative project between Warwick District Community First Responders, Waterside Medical Centre and local charity Evelyn's Gift. Together they are working to improve Sudden Cardiac Arrest survival in Warwick District by proactively training members of the public in CPR and the use of an Automatic External Defibrillator. More than 1800 local people have been trained to date.

A training session for Brookhurst parents, carers and staff will be held at the school on:

Monday 13th February 2017, 6pm – 7.30pm

The session will be run by qualified, enhanced DBS checked trainers and covers a range of emergency life-support skills including:

- dealing with an unconscious casualty
- cardiac arrest in adults and children – CPR
- suspected heart attack
- choking
- serious bleeding
- Automatic External Defibrillator (AED) training

The Warwickshire Hearts scheme is a charitable programme and so no charge is made for the training. However, donations made by people attending the course will allow more people to be trained. A collection box will be made available on the day.

To book your place, please go to **www.warwickfirstresponders.org/events** (click on 'Free CPR/defibrillator training Brookhurst Primary School'). Places are limited to 20 but further courses can be arranged. If you do not have internet access, please complete the form below and return it to the school office.

I would like to book a place on the Warwickshire Hearts course at Brookhurst Primary School on Monday 13th February 2017, 6pm – 7.30pm.

Name: _____

Contact number: _____ Email _____

Please DO NOT complete the slip if you have booked your place via the website at warwickfirstresponders.org/events