

LADIES NETBALL

AT: TELFORD JUNIOR SCHOOL

Year 5/6 Playground

(Enter from Telford Ave gate, Junior School Car Park available)

TIME: 6.15 – 7.15 PM

ON: TUESDAYS

STARTING TUESDAY 3rd JUNE 2014

Every Week until the end of term

(school holidays off for good behaviour)

COST £3.50 per week

The aim of this social netball session is to get you back to enjoying netball, get some exercise and have some fun.

All standards are welcome from complete beginner upwards.

Maybe you used to play netball at school, you quite enjoyed it and would like to have another go in a fun social setting?

Maybe you didn't like netball at school because it was cold, you didn't like the coach or were thinking of boys/girls but would like a go now!

Maybe you enjoy exercising but don't get to do it in a team setting?

Maybe you just want to get out of the house for an hour... no one should be ironing in the summer!

However if you are a club player and do not want to play in a mixed ability session this may not be for you!

If you have any questions please don't hesitate to contact me, Sarah Thomas on 07931 755814. I am a qualified Netball Coach and First Aider. I will need you to disclose any medical conditions I need to be aware of on the first session.