

Emergency Life-Support Training

Would YOU know what to do in a life-threatening situation?

Brookhurst Primary School is pleased to be joining an initiative to provide training in emergency life-support skills to parents and carers of children in Warwickshire schools. The initiative was set up in memory of Evelyn Smith, a former pupil at Coten End School in Warwick, who sadly died at home in September 2013. Evelyn's family and friends are committed to ensuring that all parents and carers, as well as teachers and school support staff, are offered the chance to learn these essential skills. You can read more about the initiative in an article from *The Courier* at: <http://bit.ly/courierheartstart>

Training sessions for Brookhurst parents and carers will be held on the following dates:

Wednesday 7 May at 6pm in the Out of School Club, Brookhurst School

Thursday 8 May at 9.15am in the Out of School Club, Brookhurst School

The sessions will be run by Tim Morris of the British Heart Foundation's HeartStart scheme and Practice Manager at Waterside Medical Centre, and will cover a range of emergency life-support skills including:

- dealing with an unconscious casualty
- cardiac arrest in adults and children
- suspected heart attack
- choking
- serious bleeding

The sessions will take 1.5 to 2 hours and there will be 20 places available at each. (You only need to attend one session.) It may be necessary to limit training to one parent/carer per family subject to response. Further sessions may be planned if interest is high.

The HeartStart scheme is a charitable programme and so no charge is made for the training. However, donations made by parents/carers attending the course will allow more people to be trained. A collection box will be available on the day.

If you would like to attend the course please reply to the School Office by **Friday 2 May**. Either complete and return the slip below or reply by email. Places will be allocated on a first-come-first-served basis. For queries about the course please email Tracy Kewley at tkewley@btinternet.com.

Name(s): _____

Contact number(s): _____ Email: _____

I am/We are interested in attending the life-support training course at Brookhurst School on:

- Wednesday 7 May at 6pm
- Thursday 8 May at 9.15am
- I would be interested in attending a life-support training course at Brookhurst in the future.